



Retreat

# YOU AND YOUR RELATIONSHIPS

Less Conflicts - More Harmony  
For more quality in  
relationships

05.-07. July 2023  
at Makindye Country Club

Sign up for a truly unique experience:

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The  
Feel Good  
Approach



## RETREAT: YOU AND YOUR RELATIONSHIPS

Do you agree that relationships are very important in life?

No matter whether they are between you and your family, your friends or your colleagues, happy and healthy relationships have an immediate impact on your well-being.

But sometimes they are characterized by conflicts and we don't know how to approach the other person and tell them what it is that makes us feel bad.

We invite to this retreat to take a closer look at how conflicts evolve, how you can approach the other person and what you have to do to create deep and meaningful relationships.

While feeling good throughout the process!

Are you ready to find out more?

Come and join us from the 5th to the 7th of July at  
Makindye Country Club in Kampala, Uganda



*Stefanie and Patrick*





What is unique about our approach?



# Feeling good

Have you ever thought of a conflict and felt good?


Our approach considers the feeling of people and ensures that they are acknowledged and don't get in the way of addressing and solving conflicts.

We will share a method with you that ensures that you feel good when bringing up a problem with a friend or colleague and that will also leave your friend or colleague feeling good. Even better, the approach will help you to create a deeper and more meaningful relationship, because nothing will stand in between you.

## Your take aways:

- Understand the relationship laws and how they guide our interaction with each other
- Know why in conflicts we cannot argue and hear well and why in solving conflicts an "attack" has to be avoided at all times
- Learn how to get into an appreciative attitude towards the other and why this is important
- Understand how conflicts evolve and that we always need the point when it was still good
- Be able to apply the PowerCode to solve any issues between you and another person





## What will be different for you after the retreat?

- You will have a different understanding of any conflicts you might have in your life
- You will have tools to address these conflicts and to solve them in a sustainable and positive way
- You will be able to create many high quality relationships
- You will be happy and you will be ....

# Feeling good!

Come and join us for this unique experience!

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Kampala  
Uganda

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# How does our approach work?



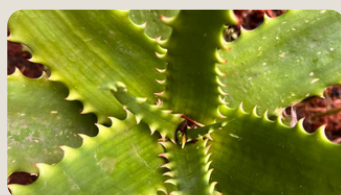
We equip the conflicting parties with the knowledge shared in this course about system laws, the evolution on conflicts and the PowerCode.



Together with the conflict parties we establish the moment when it was still good to create an appreciative attitude for both parties.



We resolve all System Law violations/emotional conflicts between the conflicting parties from the time when things were good in the past to the present. It is important to find the first moment when the good feeling for each other was changed.



Once the foundation of respect and recognition has been re-established, conflicts are resolved on the content level.